07 | WORSHIP

THE BIG IDEA

Worship is both an overflow of our heart toward God, but also a reminder of the heart posture we should have towards God.

SETTING OUT

- When you hear the word "worship", what comes to your mind?
- Can you name a specific time in your life where you truly felt engaged in and moved by worship?
- Besides music/singing, what are other ways that you can faithfully worship God?
- According to the video, what are some things that we can do to keep us filled up and overflowing with worship?

READ

- **Romans 12:1**
  - According to this passage, what should drive our desire to worship God?
  - What parts of your life would you say are worshipful to God? Which parts aren't?
  - What does it practically look like for you to "offer your body as a living sacrifice"?
- **John 4:23-24**
  - What are the 2 things that God desires from us in our worship to Him? Why those two things?

NEXT STEPS

- Write down the top 2 things that are inhibiting your heart from more fully worshipping God? What can you do to try and help remove these 2 things?
- Take time to reflect on what Jesus has done for you and ask Him through prayer to lead your heart into deeper worship with Him.
- Identify someone in your life that appears to be trying to worship God with their whole life, then write down the top 3 things you'd like to imitate.

NOTES

Other verses to reference

Philippians 2:9-11; Psalm 29:2; Psalm 81:9; Psalm 95:5-7